

CCC RECORDS - WHO HOLDS WHAT AFTER THE 2019 SEASON.

*A Boy or Girl is under 14 on the day of the event. A Juvenile is under 16 on the day.
A Junior remains a Junior until December 31st of the year in which the 18th birthday occurs.*

			set		mph
5 miles	Senior	James Ward	1993	11-44	25.6
	Junior	James Ward	1991	11-48	25.4
	Juvenile	Nik Hall	1989	11-52	25.2
	Boys	Nik Hall	1987	13-30	22.2
	Senior	<i>waiting to be established</i>			
	Junior	Mandy Footman (now Hoskin)	1974	14-55	20.1
	Juvenile	Julie Thompson	1975	15-05	19.9
	Girls	Jackie Harris	1975	15-30	19.4
	10 miles	Senior	David McGaw	2017	18-58
Junior		Tom Platts	2006	21-03	28.5
Juvenile		Nik Hall	1989	21-04	28.5
Boys		Nik Hall	1987	23-29	25.6
Senior		Rachel Horn	2001	21-54	27.2
Junior		Rachel Wesley	1978	26-47	22.7
Juvenile		Rachel Wesley	1978	26-47	
Girls		Rachel Wesley	1978	26-47	
Team: 2019 David McGaw 19-33, Ben Redman 19-50, Martin Reynolds 19-55 = 59-18					30.4
Junior 2006 Tom Platts 22-50, Sam O'Rourke 25-36, Chris Hughes (U-14) 27-10=1-15-36					23.8
15 miles	Senior	Adam Fisher	2019	30-12	29.9
	Junior	Tom Platts	2006	36-01	25.0
	Juvenile	Nik Hall	1989	36-32	24.6
	Boys	<i>waiting to be established</i>			
	Senior	Helen Eborall	2008	39-26	22.8
	Junior	Mandy Hoskin	1974	45-26	19.8
	Juvenile	Mandy Hoskin	1974	45-26	
	Girls	<i>waiting to be established</i>			
Team: 2019 Adam Fisher 30-12, Martin Reynolds 30-32, Henry Moss 30-46 = 1-31-30					29.5
25 miles	Senior	David McGaw	2017	49-01	30.6
	Junior	Adam Fisher	2000	53-26	28.1
	Juvenile	Eddie Hoskin	1982	1-00-05	25.0
	Boys	Stan Ayers	1968	1-06-35	22.5
	Senior	Rachel Horn	2001	57-41	26.0
	Junior	Angela Joy (now Platt)	1975	1-08-19	21.9
	Juvenile	Angela Joy	1973	1-12-17	20.8
	Girls	Angela Joy	1973	1-17-04	19.5
Team: 2019 David McGaw 50-18, Martin Reynolds 51-00, Adam Fisher 51-01 = 2-32-19					29.5
30 miles	Senior	Bob Watson (58)	2018	1-01-47	29.1
	Junior	James Ward	1991	1-08-04	26.4
	Juvenile	Eddie Hoskin	1981	1-17-43	23.2
	Senior	Helen Eborall	2008	1-16-18	23.6
	<i>Women's Junior & Juvenile are waiting to be established</i>				
Team: 2018 Bob Watson 1-01-47, Ken Platts 1-02-59, Colin Lizieri 1-03-32 = 3-08-18					28.7

SOLO (Cont'd)

50 miles	Senior	David McGaw	2017	1-38-30	30.5
	Junior	Nigel Fleet	1982	1-57-20	25.6
	Senior	Lucy Gossage	2012	1-55-39	25.9
	Junior	<i>waiting to be established</i>			
Team: 2017 D McGaw 1-38-30, A Dyason 1-45-50, C Lizieri 1-50-34 = 5-14-54					28.6
100 miles		Ken Platts (59)	2011	3-44-33	26.5
		Lucy Gossage	2014	3-56-23	25.4
12 hours		Ken Platts (55)	2007	283.103miles	23.6
		Lucy Rutter (<i>now McTaggart</i>)	1990	215.04 miles	17.9
24 hours		Frank Brown	1964	446.65 miles	18.6

HILLCLIMB

Senior	Colin Chapman	1974	1-25.4
Junior	James Ward	1990	1-36.0
Juvenile	Colin Chapman	1970	1-38.6
Senior	Jenny Ousey	1977	1-54.6
Junior	Jackie Harris	1979	2-04.6
Juvenile	Jackie Harris	1979	2-04.6

TRACK

1 km TT Standing Start	Rob Cox	2006	1-13.418	30.47
3 km Individual Pursuit	Mark Fraser	2002	3-53.044	28.99

BEST ALLROUNDER

Senior - 25, 50 & 100miles	Andy Grant (66)	2019	28.338 mph
	Rachel Horn	2001	24.776 mph
Junior - 2x10, 2x25 miles mph	Tom Platts	2006	27.147

10 miles TANDEM

Senior	Ken Platts (55) / Tom Platts	2007	18-47	31.9
Senior mixed	Lol Berman/ Rachel Horn	2002	19-41	30.5
Senior/Junior	Ken Platts (54) / Tom Platts	2006	19-28	30.8
Senior/Junior mixed	Richard Holmes / Natalie Speechley	1989	23-22	25.7

25 miles

Senior	Ken Platts (54) / Tom Platts (J)	2006	50-17	29.8
Senior mixed	Lol Berman / Rachel Horn	2001	54-01	27.8
Senior/Junior	Ken Platts (54) / Tom Platts	2006	50-17	29.8
30 miles	Ken Platts (55) / Tom Platts	2007	1-01-27	29.3
50 miles	Roy Clarke / John Lindsell	1950	1-53-17	26.5
100 miles	Roy Clarke / John Lindsell	1950	4-03-29	24.6
12 hours	Frank Buckingham / Percy T Carter	1933	235¾ miles	19.6

*For Tandems & 2ups, Juveniles qualify up to 25 miles, Juniors qualify up to 50 miles.
There are many distances and combinations waiting to be set.*

2-up TEAM TIME TRIAL

10 miles

Senior/Senior	David McGaw / Chris Brown	2016	20-11	29.7
Senior/ Junior	George Crammond / Mark Matthews	2005	23-23	25.7

25 miles

Senior/ Senior	Digby Symons / Doug Bradshaw	2009	54-31	27.5
Senior/ Junior	Mick Draper / Kim Joy	1975	57-02	26.3
Senior/ Juvenile	Bob Jessop / Eddie Hoskin	1982	59-11	25.3

TRICYCLES

10 miles	Mick Draper	1990	24-54	24.1
25 miles	Ken Usher	1995	1-05-25	22.9
30 miles	Sam Gilbert	1976	1-22-55	21.7
50 miles	Ken Usher	1995	2-12-27	22.7
100 miles	Ken Usher	1997	4-41-38	21.3
12 hours	Ken Usher	1995	237.00 miles	19.8
24 hours	Frank Brown	1963	414 ¼ miles	17.3

VETERANS' RECORDS

For Veterans (age 40+) time trial age records, see the separate report.

To work out your speed on the road

mph = (miles x 60) ÷ time in minutes

time (mins) = (miles x 60) ÷ mph

Seconds become decimal minutes as follows:

Secs	Mins	10	.167	20	.333	30	.5	40	.667	50	.833
01	.017	11	.183	21	.35	31	.517	41	.683	51	.85
02	.033	12	.2	22	.367	32	.533	42	.7	52	.867
03	.05	13	.217	23	.383	33	.55	43	.717	53	.883
04	.067	14	.233	24	.4	34	.567	44	.733	54	.9
05	.083	15	.25	25	.417	35	.583	45	.75	55	.917
06	.1	16	.267	26	.433	36	.6	46	.767	56	.933
07	.117	17	.283	27	.45	37	.617	47	.783	57	.95
08	.133	18	.3	28	.467	38	.633	48	.8	58	.967
09	.15	19	.317	29	.483	39	.65	49	.817	59	.983

Making a claim

If you wish to make a claim for a record, send details of the event, date, time and distance either:

By email to:

records@cambridgecc.co.uk

Or by post to:

Ken Platts, 7 Offa Lea, Newton, Cambridge CB22 7PW

Note that only rides done in Official CTT events or Cambridge CC club events qualify.